

## Patient information – iron infusion with Ferinject®

### When is an iron infusion with Ferinject® performed?

An iron infusion is suggested if you have symptoms of iron deficiency and you cannot tolerate iron tablets or they are not effective enough. For cost coverage by your health insurance company (basic insurance), at least one low laboratory result is also required (e. g. iron deficiency-related anaemia and/or a ferritin value of 15 ng/ml or less).

### When should an iron infusion with Ferinject® not be performed?

- During the first three months of pregnancy
- Patients with known hypersensitivity/allergy to active or inactive substances in the medication
- With diseases involving iron overload (haemochromatosis)

### Side effects – important to note!

#### Paravenous infusion

If during the infusion you feel pain or experience a burning sensation, pressure or swelling at the infusion site, please inform the medical practice team immediately. Sometimes the infusion does not flow properly into the vein (paravenous), but some escapes into the surrounding tissues. This may cause a brownish discoloration (rust-colored, rather like a tattoo) around the injection site. This may disappear by itself, but only after months or years.

#### Allergic reactions: Are rare but may occur.

Typical symptoms are

- Itching, skin redness
- Tingling of the hands, abdominal cramps, nausea
- Breathing problems
- Fainting, low blood pressure, rapid heartbeat (monitored during the infusion)

Please inform the staff of the medical practice immediately if you feel unwell during the infusion. In most cases, a reaction occurs during or immediately after an infusion.

**You will therefore be asked to stay in the practice for 30 minutes after each infusion. The practice has the emergency equipment necessary for prompt medical attention in case of a potentially threatening allergic reaction. For this reason, the venous catheter that was used to administer the infusion is left in place, so that we can administer medications in case of an emergency.**

In very rare cases, a reaction may even occur some hours after the infusion. Other frequent side effects include temporary headaches, nausea, a strange taste in the mouth (metal or liquorice), abdominal pain, diarrhoea or venous inflammation (pain/redness at the injection site).

### Number of infusions and cost per infusion with Ferinject®

The number of infusions that are required will be decided by you and your doctor, depending on your symptoms and your laboratory values. For patients weighing more than 50 kg, we usually recommend a single infusion of 1'000 mg Ferinject (cost: About CHF 490.–). For patients weighing less than 50 kg, the full dose should be divided into two infusions of 500 mg Ferinject, administered at least a week apart (cost: About CHF 590.–). As a follow-up, the ferritin level can be checked 2–3 months after the infusion at the earliest.

**The patient is responsible if he/she waives the option of a monitoring period after the infusion (do not tick unless you wish to take responsibility for rejecting the monitoring period)**

- I do not wish to be monitored for 30 minutes after the infusion in the medical practice, contrary to the advice of mediX. I have been informed about the risk of an allergic reaction, which can result in shock. I am aware that my waiver of this monitoring period means that the practice cannot be held responsible for any adverse effects on my health. I have read the information thoroughly and noted all the points. I would like to receive the iron infusion(s).

Initials of the prescribing physician:

Patient identification:

Date:

Signature of patient: \_\_\_\_\_